



Sport In Mind

October 2024

Bristol

"We are Sport in Mind – the charity that uses sport and physical activity to improve the lives of people experiencing mental health problems". Our sessions take place every week, all year around. To find out more about sessions near you, check out our Activity Map on sportinmind.org or contact Claire on 0118 947 9762! This session is being delivered in partnership with Bristol City FC's Robins Foundation

Bristol Sessions

Day	Time	Activity	Instructor	Venue
Mon	12.30-1.30PM	Badminton & table tennis	Lee	Hengrove Park Leisure Centre, Hengrove Promenade, Bristol BS14 0DE
Thurs	3.00-4.30PM	Football	Liam/ Bob	Shaftesbury Park, Frenchay, Bristol South, Gloucestershire BS16 1LG)



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Sport In Mind



Attendee Sign-Up



ROBINS
FOUNDATION