

The Lennard Surgery

NewsLetter



December 2025

Merry Christmas and Happy New Year!



Photo taken by Dr Mutch

Do you have any positive stories you would like to share?

If so please email it to lennardsurgery@nhs.net

"My late husband was visually impaired and suffered from COPD. He remained very positive and enjoyed his independence and freedom that he got from his mobility scooter.

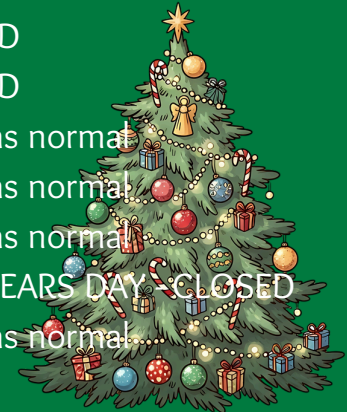
One summer's day he had a routine appointment with his GP Dr Wicks at the Lennard Surgery.

As usual he drove his scooter to the surgery, but unfortunately, due to the heat he became stressed and breathless and as he was just outside he phoned the surgery for help.

Very quickly nursing staff came to his rescue and administered oxygen to him, while Dr Wicks took charge of the mobility scooter (with no training or anything!) and drove it into the surgery ready for my husband to ride home on his recovery from the asthma attack." - DM

Christmas and New Year Opening and Closing Times

- 17/12/2025 Cut off for repeat prescriptions
- 20/12/2025 Open for pre-booked appointments only
- 22/12/2025 Open as normal
- 23/12/2025 Open as normal
- 24/12/2025 Open as normal
- 25/12/2025 CHRISTMAS DAY - CLOSED
- 26/12/2025 BOXING DAY - CLOSED
- 27/12/2025 CLOSED
- 28/12/2025 CLOSED
- 29/12/2025 Open as normal
- 30/12/2025 Open as normal
- 31/12/2025 Open as normal
- 01/01/2026 NEW YEARS DAY - CLOSED
- 02/01/2026 Open as normal



The Lennard Surgery

IN NOVEMBER 2025

We received 4,037 telephone calls and 131 patients used our call back service

Our average call pick up time was 4 minutes

Between our GPs, Trainees and Students

1,942 patients were seen in surgery or opted for a telephone consultation

55 patients received a home visit

HIGH BLOOD PRESSURE ISN'T JUST AN "OLDER PERSON" PROBLEM.

In fact, **5 million adults** aged 18-64 in the UK could be living with undiagnosed high blood pressure and **don't even know it!**



YOU can only find it if **YOU** check it.

Know Your Numbers! today. It's never too early or too late to start protecting your health.



Blood Pressure UK
Helping you to lower your blood pressure

#BloodPressureAwareness #KnowYourNumbers

Looking after long-term conditions

If you are living with a long-term condition such as high blood pressure, diabetes, asthma, or COPD, it's important to attend your annual review and have any recommended blood tests done. These regular checks help us make sure your condition is well controlled, your medication remains appropriate, and any potential issues are picked up early — helping you stay as well as possible.

Carers Support

At The Lennard Surgery, we are committed to working closely with carers.

In October 2025, we reached out to nearly 350 registered carers to better understand how our Practice can support you and the people you care for.

By registering with us, we can share useful information, link you with local support services, and offer greater flexibility when arranging appointments - even if the person you care for isn't registered here.

Carer's packs are available in Reception or via our website, and we strongly encourage all carers to complete one. We've listened to the feedback gathered through this survey and have worked to address the concerns raised in our 2025 Carer's Update - please see our website for more details.

VOLUNTEERS NEEDED

THE LENNARD SURGERY

RSVP West retire into action

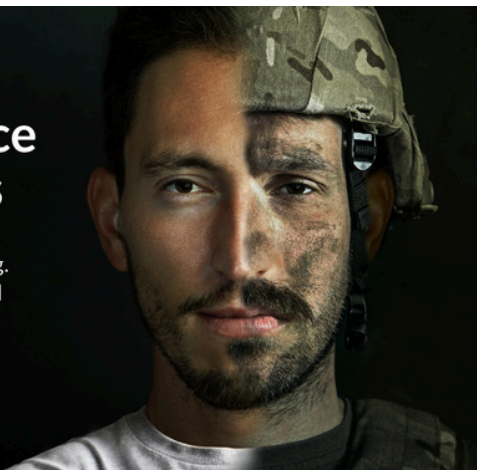
Could you be a volunteer driver for our elderly patients?

Are you aged over 50?

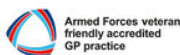
Some of our patients are isolated and find it difficult to come to the surgery without relying on others for help. If you are aged over 50, with time to spare and you want to make a difference, then please ask at Reception for further details.

The impact of service isn't always obvious

Your veteran patients may be silently struggling. Learn how to identify, understand, support and refer them to specialist veteran healthcare services for best health outcomes.



We are proud to be a Veteran Friendly Practice and are committed to providing the best possible care for our patients who have served in the Armed Forces. If you are a veteran, please let us know so this can be recorded on your medical record. This helps us ensure you receive appropriate support and access to relevant services, including specialist veteran healthcare where needed.



Give us your feedback!

Let us know what you would like to see on our next NewsLetter

Email lennardsurgery@nhs.net with suggestions.